



Pastor Frank with volunteers from the Summer Kid's Lunch Program

Summer Kid's Lunch Program

By Michael Ortoski

BANGOR – Pastor Frank Pons is hosting another Mission Of Love Summer Kid's Lunch Program at his building at 555 N. Main St. Bangor for children in the community. The Program is sponsored by one of the great organizations helping kids in the Slate Belt the Bangor Elks Club.

With a donation of \$2000.00 Pastor Frank is able to feed many children each week for seven weeks from July 12 – August 23 on Thursdays between 11am – 1pm and also with the Bangor Elks grant money he is able to send each child home with a bag lunch.

All children in the community are invited, so come and join Pastor Frank for hot dogs and hamburgers cooked on the grill by volunteers from Mission of Love for an enjoyable lunch.



Above- Pastor Frank with some of the kids at the summer lunch program



Left- Each child goes home with a bag lunch all funded by Bangor Elks Club

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Grant-Writing Program to Help Non-profits Get the Most from their Efforts

By Kelly Bond

CENTER VALLEY- A common misconception in the grant writing process is that the actual proposal is a major component of the grant seeking process. However, to be successful, grant writing is a process that entails careful planning, research and outreach as well as cultivating relationships. The grant-writing and fund-raising environment is increasingly competitive. Organization and preparation matter and can assist in your organization successfully receiving a grant.

Could some grant money help get a new program off the ground for your organization?

Penn State Extension is offering a program on grant-writing for non-profit organizations and municipalities seeking financial support for a project.

The workshop addresses how to work effectively with foundations, components of an effective proposal, evaluation strategies, and how a grant proposal is reviewed. The program will conclude with a panel presentation of representatives from local foundations and a state elected official representative.

This workshop is recommended for staff, volunteers and board members of community nonprofits, local governments and other community organizations.

The program will be held Thursday, August 2, 2018, 1 – 4 p.m. at the PSU Lehigh Valley campus, 2809 Saucon Valley Rd, Center Valley, PA 18034 in Room 207. The cost of the workshop is \$35/person.

To register, go to <http://extension.psu.edu/grant-writing>

For more information, contact Peter Wulfhorst at ptw3@psu.edu or 570-296-3400.

The Pennsylvania State University encourages qualified persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Peter Wulfhorst 570-296-3400 in advance of your participation or visit.

VISIT US ON FACEBOOK!



**- Family -
Hiking Day**

September 22, 2018

The Appalachian Trail Conservancy invites families of all ages and hiking abilities to get outside and experience the adventure of being active on the Appalachian Trail.

Held on National Public Lands Day, Family Hiking Day is an opportunity to introduce your children to America's premier footpath, and all of the benefits that come from being active and spending time outdoors.

**APPALACHIAN TRAIL
CONSERVANCY**

To plan an A.T. hike for your family visit: appalachiantrail.org/FamilyHike

1987-2017

Natalie Keel Frey

MY BELOVED DAUGHTER HAS GONE TO HEAVEN. SHE IS IN PARADISE NOW, WITH GOD & ANGELS

She will always be with me.

Natalie left us on May 15th, 2017 She left behind her son Giovanni and her daughter Gemma, as well as her mother Janet Frey and Jim, her father Dr. Richard Frey and Gail, and her brother Alexander Frey. Her high energy, talent, and friendliness will be missed, but not forgotten.



Don't let Heroin tear your family apart. GET HELP.

Carbon-Monroe-Pike Drug and Alcohol Commission's Mission: "To promote a community where recovery matters and strength and dignity is given to those affected by drug and alcohol use."

GET HELP NOW

After hours 24/7 number: **Carbon Monroe Pike Referral Center** at 1-866-824-3578. During regular business hours call: **Carbon County Referral Center Toll Free:** (866) 824-3578. **Monroe County Catholic Social Services:** (570) 517-0892

Pyramid Healthcare Bartonsville Outpatient: (888) 694-9996. **Pike County Catholic Social Services:** (570) 296-1054

Carbon County Provider: PA Treatment and Healing (PATH), 335 N. Fourth Street, 2nd Floor, Lehigh, PA. 18235. (610) 377-8870.

Northampton County Drug & Alcohol Division - Located at 2801 Emrick Blvd, Bethlehem, PA 18020. 610-829-4725. A case manager is available Monday through Friday from 8:00 am to 5:00 pm to provide you with assistance on accessing services for substance abuse. If you do not have health insurance and are in financial need, this office may also help you get the funding for the services that are necessary.