



## Celebrating Kindness Week

By Rep. Ann Flood

SLATE BELT - To celebrate how small acts of kindness can have a profound impact on individuals and the community, Pennsylvanians are invited to participate in "Kindness Week" beginning Nov. 12th until Nov. 18th. I encourage everyone to engage in acts of kindness and observe how it strengthens our sense of community.

Since 1988, "World Kindness Day" has been celebrated across the globe. The World Kindness Movement established this day to promote kindness worldwide, to demonstrate the positive impacts of large and small acts of kindness and to encourage harmony among people. Now, we want to extend Kindness Day into a full week of community kindness.

As individuals make a conscious effort to perform small acts of kindness, it becomes a habit that not only enhances our communities but also fosters a sense of value in others. Kindness doesn't have to come with a price tag; even a kind compliment or a thoughtful text to a friend can brighten someone's day. Let's all do our part and spread kindness this week!



## Distinguished Service Award

By Rep. Ann Flood

SLATE BELT - Frank Jones Jr. was honored last Friday night for his 18 years of distinguished service to Families First of Pen Argyl. Mr. Jones has upheld the highest standards of service throughout his career and has rightly earned the respect and admiration of his many friends and colleagues.

The Commonwealth of Pennsylvania recognizes Mr. Frank Jones Jr. for his many years of loyalty and service and proudly notes that he has demonstrated extraordinary commitment to the Slate Belt area of our Commonwealth.

I am always pleased to recognize individuals who, through their admirable tenure of service, contribute in a meaningful way toward the well-being of their communities and this Commonwealth. The certificate of recognition was presented by my office staff member, Lisa.

## Local Food Bank Donations

By Rep. Ann Flood

SLATE BELT - To help community members in need, my district office in Pen Argyl currently has a drop box for non-perishable foods and other items to send to local food banks.

This food drive benefits Benders Mennonite Church in Plainfield, Mission of Love Food Bank in Bangor and Portland



Upper MT Bethel Food Bank P.U.M.P. in Portland. The items in the photograph were dropped off and will be taken to Benders Mennonite Church.

Items can be dropped off at my district office Monday through Friday from 9 a.m. to 4:30 p.m. located at 962 Pennsylvania Ave., Pen Argyl, PA.

### Free Monroe County Community Thanksgiving Meals 2023

American Legion Post 927  
646 Fairgrounds Road  
Gilbert, PA 18331  
November 23, 2023  
Noon – 4 PM  
Open to All  
570-977-3046

Church of Saint Luke  
818 Main Street  
Stroudsburg, PA 18360  
November 23, 2023  
Noon – 4 PM  
Reservations Required  
570-421-9097

Salvation Army  
226 Washington Street  
E. Stroudsburg, PA 18301  
November 21, 2023  
11 AM – Noon  
First come first served  
570-421-3050

Magnolia Streamside Resort  
2518 Route 390  
Canadensis, PA 18325  
November 21, 2023  
@ 6PM  
Reservations required  
RSVP: [info@magnoliastreamside.com](mailto:info@magnoliastreamside.com)  
570-595-2489



St Paul Lutheran Church  
158 Fish Hill Road  
Tannersville, PA 18372  
November 15, 2023  
4:30PM – 6 PM  
Open to All  
570-629-1992

Christ Hamilton United Lutheran  
Church  
419 Bossardsville Road  
Stroudsburg, PA 18360  
November 19, 2023  
4:30 PM-6:00 PM  
Open to All  
570-992-4085

Pocono Summit Vol. Fire Co.  
5334 Hummingbird Drive  
Pocono Summit, PA 18346  
November 23, 2023  
11AM – 3 PM  
Open to All  
570-839-7241

Northbound Recovery &  
Stbg 1<sup>st</sup> Presbyterian Church  
575 Main Street Stroudsburg, PA  
18360  
November 23, 2023  
1 PM-4 PM  
Open to All  
610-653-6993

St. Paul Lutheran Church  
Craig Meadows Road  
East Stroudsburg, PA 18302  
Thanksgiving food bag  
Must call office by Nov. 8, 2023.  
570-223-9422

Stroudsburg United Methodist  
547 Main Street  
Stroudsburg, PA 18360  
Nov. 19, 2023  
2 PM- 3 PM  
Open to All  
570-421-6020

Five Loaf House  
133 Firehouse Road  
Pocono Pines, PA 18350  
Nov. 23, 2023  
12PM-6PM  
Open to All  
570-703-9170

Lady Queen of Peace  
1402 Route 209  
Gilbert, PA 18331  
November 23, 2023 @ 4:30pm  
November 26, 2023 @ 3pm  
Open to All  
610-681-6137

Bushkill Community Church  
504 Bushkill Falls Rd.  
Bushkill, PA 18324  
Thanksgiving food bag  
(with turkey coupon)  
[www.bushkillcommunitychurch.org/events](http://www.bushkillcommunitychurch.org/events)  
Or to reserve call 570-431-4999