

# It's Back to School

## Smart Back to School Strategies Save Money and Help the Environment!

Summer means sunshine, swimming, and fun for kids. But as summer winds down parents are thinking about back-to-school shopping. Even with a tight economy students still have needs ranging from backpacks to computers. A survey conducted by the National Retail Federation found that consumers expect to spend an average of \$548 for back to school needs this year.

Here are some tips from the U.S. Environmental Protection Agency that can save you money and help the environment by reducing waste.

\* Sort through the current materials in your home first. Many supplies can be reused or recycled. Backpacks, notebooks, folders, and binders can all be reused. You can also reuse items like refillable pens, rechargeable batteries, and create scrap paper from last year's homework.

\* Buying a new computer, cellphone, or other electronic device? E-cycle your old one! Many retailers are partnering with EPA to recycle electronics. You can also donate your old computer to a local school, library or charity and maybe earn a nice tax deduction.

\* Disposing of electronics? Do it right! Check with your local health, sanitation, state environmental agency or EPA for the proper way to dispose of electronics safely. Proper disposal keeps dangerous materials such as lead, cadmium, mercury, and chromium out of the environment.

\* When you need to buy new, choose products made from recycled materials: buy pencils made from old blue jeans, binders made from old shipping boxes, and of course recycled paper products.

\* Buy school supplies wrapped with minimal packaging; or buy products that come in bulk sizes. Packaging accounts for more than 30 percent of all the waste generated each year.

\* Are there clothes that your child has outgrown that are still in good shape? Donate them to a local charity or shelter so someone else can put them to use, and earn yourself a possible tax deduction at the same time.

\* Share your used books with friends, relatives, or younger

schoolchildren. Many schools reuse text books to save money and reduce waste. Covering your textbooks with cut-up shopping bags helps reduce waste and keeps your books in good condition.

\* If you bring your lunch to school, package it in reusable containers instead of disposable ones. Bring drinks in an insulated bottle instead of disposable bottles or cartons. This saves money and reduces waste.

\* Encourage your school to organize a recycling program.

\* If you drive to school, try carpooling, public transportation, walking or biking instead. By doing so you save on fuel costs, lower air pollution levels, and decrease traffic in your community.

\* Prevent pollution, waste less by reducing, reusing, and recycling. Work with your teachers and friends to find ways to encourage everyone in your community to make reducing waste a part of your every day.

For more information on E-cycling go to: [www.epa.gov/e-Cycling/links.htm](http://www.epa.gov/e-Cycling/links.htm).

For more information on Pollution Prevention go to: [www.epa.gov/reg3wcmd/p2/index.htm](http://www.epa.gov/reg3wcmd/p2/index.htm).

## Back to School Jamboree to Keep Kids Safe

The IMPACT program presents a free "Back to School Jamboree" on Friday, Aug 28th from 7pm to 10pm at the Full Gospel Holiness Church of God in Christ, 169 Summit Avenue in Pocono Summit, PA.

The Jamboree is for 7th to 12th Graders, their families and teachers. There will be activities for youth, give aways and talks on how to survive school, gangs, drugs and alcohol.

The speakers will be Michael Leonard Sr., a gang expert and motivational speaker ([www.gangsrreal.com](http://www.gangsrreal.com)), Paul Andrews, MHS, a licensed and certified drug and alcohol additions counselor and Kevin Holmes with Straight Talk for Straight Understanding.

IMPACT works with youth to develop tomorrow's leaders today. It keeps kids

busy with positive solutions while giving them an effective platform to build self esteem by demonstrating their gifts talents and abilities, via self expression of their musical, written and vocal gifts. The Jamboree is sponsored by the Full Gospel Holiness Church. For more information contact Elder Leonon Trawick at (570)839-8170.

Computer • Outdoor Play Areas • School Bus Service • Summer Programs • Rock Climbing Wall

Join us at our **Open House, Wednesday, August 26th from 6:30-8:30pm**

**PRIVATE PRESCHOOL ACADEMY & CHILD CARE CENTER**



- Infant
- Toddler
- Pre-School
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- School Age
- Half & Full Day Programs

Route 512, Bangor • 385 Blue Valley Drive; Where Bangor Meets Pen Argyl  
email: [kidsexpress@epix.net](mailto:kidsexpress@epix.net) ~ 610-588-5125

Reaching higher for quality child care

## Piano Lessons



2009 Fall Semester begins on September 14th!  
Experienced, Certified Teacher ~ Beginners through Adults  
Located in Mt. Bethel, PA  
Can provide a good music education.  
For more information, please call Bette Van Patten (610) 588 6157

## Signature Styles by Laura

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### Back to School Specials

\$5.00 Off Any Haircut  
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Book Your Appointment Today

Laura Nolf Owner/Master Stylist/Massage Therapist  
Missy Unangst Master Stylist  
Amy Widrick Master Stylist

Hours: Tues 1-8pm; Wed 8-8pm; Thurs 8-3pm & 6-8pm; Fri 8-3pm; Sat 8-2pm



### NAEYC Accreditation

The Right Choice for Kids

Slate Belt Child Care Center is NAEYC Accredited: We have reached the standards set by the National Association for the Education of Young Children.

SBCCC offers:

- Age appropriate curriculum in each classroom.
- A safe, caring environment for your child to learn and interact.
- Full-time/Part-time care and Full/Half day preschool programs.
- Planned special events throughout the year.

We now have openings in all age groups:

- **Infant/Toddler** — Activities will promote children's motor skills, enhance creativity and imagination, and develop vocabulary.
- **Preschool** — Activities are based around a weekly theme and will incorporate skills needed for Kindergarten. Our preschool curriculum includes art, music, outside play, cooking projects, and much more.
- **School-Age** — Fun and educational activities are provided on a daily basis. We offer before and after school care (including school closings) and summer programs.

NAEYC Accreditation is the mark of quality you can trust.

NAEYC-Accredited programs provide a safe and healthy learning environment with well-trained teachers who work with curricula that are appropriately challenging and developmentally sound.

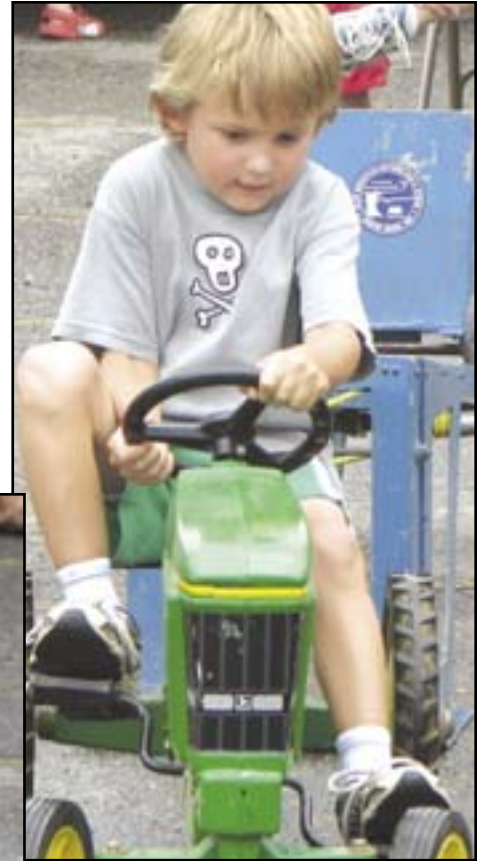
Visit [www.naeyc.org](http://www.naeyc.org) for more information.

If you would like to learn more about our center or are interested in enrolling your child, please contact Tanya at 570-897-0173.



[www.rightchoiceforkids.org](http://www.rightchoiceforkids.org)

# 64th Annual Blue Valley Farm Show



**BACK TO SCHOOL SPECIALS**  
*Cristie's Styling Studios*  
 308 Front Street, Roseto ~ 610-588-3371  
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**All Hair & Nail Care Products: BUY 1 GET 1 1/2 OFF**  
 Specials valid thru 10-1-09  
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 Cristie DeRea - Owner/Stylist Carla Bailey - Stylist Ashley Haycock - Stylist

**GO TO [WWW.BLUEVALLEYTIMES.COM](http://WWW.BLUEVALLEYTIMES.COM) AND CLICK ON "PHOTO GALLERY" TO SEE MORE PHOTOS**

**They're Back**  
**AUGIE'S CHEESESTEAKS & More**  
**NOW OPEN**  
**Augie's Spare Time Restaurant**  
 at Bangor Bowling Center  
 455 American Bangor Rd ~ Bangor, PA  
 Call 610-599-0319 Or \*Fax 610-599-0320  
\*Call To Confirm Fax Of Your Orders.  
 Hours: Monday-Saturday 11am-9pm; Sunday 12-9pm ~ Eat In or Take Out

