

Voters of the Bangor School District

It's time to vote for your School Board Directors. Toni Lynch is running for re-election to the board. Having attended School Board Meetings over the last 10 years I have found Toni to be well versed in board matters. In an effort to fully understand curriculum concerns he made it a point to read The Common Core curriculum. He is vested and present in making sure students needs are met while being fiscally responsible. Toni brings to the board his business acumen, a working knowledge of the concerns of the Slate Belt, vested interest in education while making every effort to keep the district moving forward. As a member of the Buildings and Grounds committee, the district will continue to see savings through his extensive knowledge of building construction, budgeting, and energy efficiency. He asks the tough questions, does his research and keeps his finger on the pulse of the students, district and the community. His re-election will ensure the district is moving in the right direction. To make sure this happens you have to do your part and vote in the May 16th Primary.

Due to an error in filing, Republicans will have to write in Toni Lynch's name when you vote. Toni's name will appear on the Democratic ticket. May 16th, vote Toni Lynch for Bangor School Board.

Annamarie T. Robertone for Bangor School Board 2023

You must do the things you think you cannot do" - Eleanor Roosevelt



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Greater Valley YMCA Joins Forces with Egglan's Best to Empower Families with Nutrition Education During Healthy Kids Day

By Kate Cohen

slate belt - Family-Fun Event Takes Place on Saturday, April 29 Lehigh Valley, April 24, 2023 — Calling all Lehigh Valley friends and families! The Greater Valley YMCA, Easton/Phillipsburg Branch will host its annual Healthy Kids Day® event on Saturday, April 29 at the Branch located at 1225 West Lafayette Street, Easton, PA 18042. This free and open-to-the-public event will feature family-focused activities designed to inspire kids to get active, while simultaneously teaching families how to develop routines supporting mental and physical health at home. As a proud national sponsor of the Y's Healthy Kids Day®,

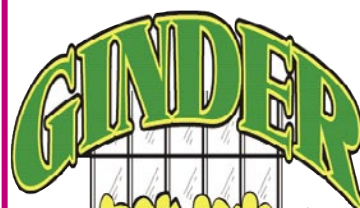
Egglan's Best will be on-site providing nutrition education tools and resources, such as delicious recipes and Registered Dietitian-backed tips that families can implement in their daily lives to encourage physical, mental, and emotional well-being.

Additionally, the brand will provide funding to support nutrition education and free meal distribution programming throughout the year. A big check presentation celebrating the egg brand's generous gift will take place at 1pm with representatives from Egglan's Best, YMCA of the USA, and the Greater Valley YMCA.

"For decades, the Y has served as a community resource hub. Our Healthy Kids Day® is a great way for the Y to show families how we can help support their well-being," said Greater Valley YMCA President/CEO, David Fagerstrom. "We're using this event to announce and showcase a new YMCA partnership with Egglan's Best. And this year marks the Easton/Phillipsburg YMCA's 125th anniversary.

The Y couldn't have accomplished the last century of Y service without amazing partners, so it seems fitting to mark the occasion like this." Families in attendance will enjoy children's healthy meal/nutrition education bento box packing, a free family meal, celebration station to make a sweet treat in honor of the Branch's 125th Anniversary, a bounce house, obstacle course, community vendors, giveaways and more! Free t-shirts will be given away to the first 100 youth in attendance!

"We're so proud to team up with the Y locally and nationally to provide families with an opportunity to learn more about their overall wellness, while also supporting its critical efforts to promote food equity and access across the U.S.," said Kurt Misialek, President and CEO of Egglan's Best. "At Egglan's Best, we strive to help families fulfill their health and wellness goals by supplying the only egg that provides superior taste, nutrition, versatility and freshness compared to ordinary eggs."



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