



Jessica Coe, Joanne Koval owner is David Derkits, Beth Duyssen, SBCC Director



NuHydro Farms

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Derkits, who lives a few blocks away from the new store in Bangor, has been growing nuHydro Farms over the past year by delivering the microgreens to customers' homes and also selling them to local businesses such as Local Mama Catering Company.

At the new store, occupying a long-vacant storefront across from Bangor Public Library, Derkits plans to have an educational area where individuals can sample microgreens, learn how to incorporate microgreens into their diets and read about the many benefits of nuHydro Farms' products.

"Microgreens are still fairly new to a lot of people," Derkits said. "People don't realize what [microgreens] actually can do for them as far as fighting cancers and other diseases."

NuHydro Farms, "growing greens a better way," will have a "deli-style" setup where customers will be able to purchase microgreens that are cut to order (while supplies last), Derkits said. There also will be pre-packaged items.

To stay up-to-date on nuHydro Farm's new store, including an opening announcement, follow the business' pages on Facebook and Instagram.

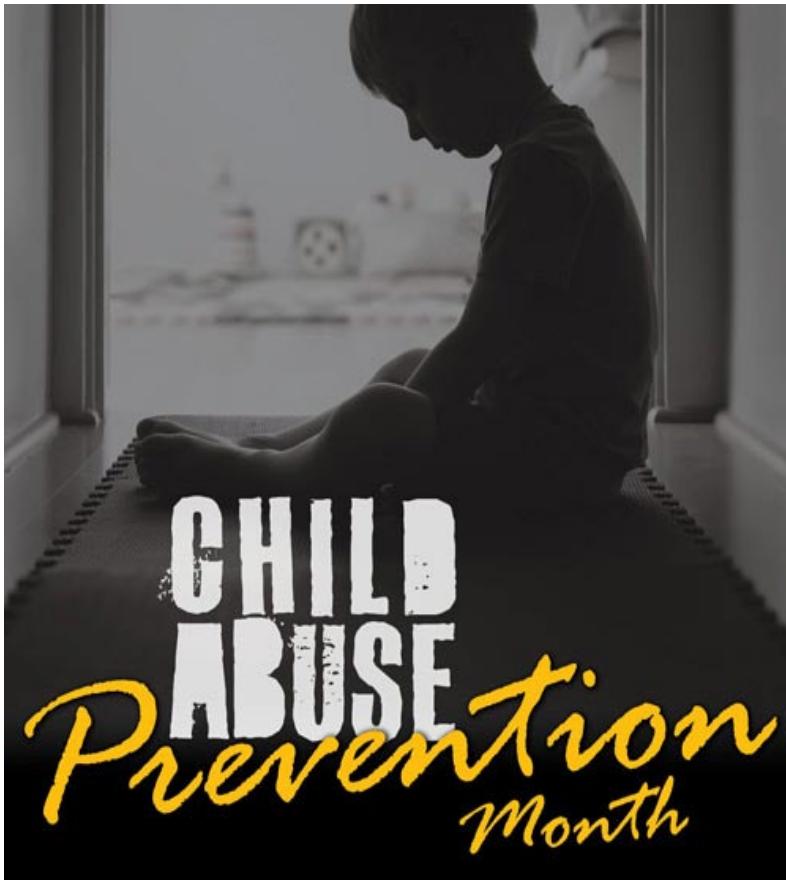
Boosting Autism Awareness, Acceptance

By State Rep Ann Flood

PEN ARGYL - April is Autism Acceptance Month, formerly known as Autism Awareness Month. The month is designed to help empower autistic individuals and their families, and to ensure improved support and opportunities in education, employment, accessible housing, affordable health care and long-term support services.

The Pennsylvania Department of Human Services' Office of Developmental Programs works to provide an array of support services for individuals of all ages, as well as their families. The Autism Services, Education, Resources and Training Collaborative (ASERT) is a statewide initiative to provide streamlined access to information for Pennsylvanians living with autism.

To learn more, visit paaautism.org.



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