

# PA GIRLS WRESTLING



# 100

## IS HERE TO STAY

### 100 Schools! Girls Wrestling on Its Way to Being Sanctioned

By State Rep Ann Flood

PEN ARGYL - I am pleased to announce that there are officially 100+ schools who have approved girls wrestling programs throughout the Commonwealth and more on the way.

Girls wrestling has officially met the PIAA threshold to be voted on for sanctioning. Thank you to each and every school that is providing programs for girls in wrestling. On Tuesday, February 21st, I will be speaking at a press conference, along with Senator Scott Martin and the PIAA at the Capitol in Harrisburg to celebrate this momentous occasion.



### Black History Month "Black Resistance"

By CALV

BETHLEHEM - This month, Second Harvest Food Bank joins the nation in celebrating Black History Month and advocating for an end to racial oppression. This year's Black History Month theme, "Black Resistance," encourages us to reflect on the many ways African Americans, past and present, have persevered to advance social justice causes -including food insecurity - often while facing violence.

Innovative programs to feed children (such as the student breakfast program developed by the Black Panthers) and cultivate local food systems (like the regenerative agriculture systems championed by Booker T. Whately) have had tremendous impacts on the health of people and land across our nation.

Despite countless contributions and solutions, systemic and explicit racism persists in horrifying ways. This month serves as a period to reflect and celebrate, but the real work to end racism and inequity must take place every day of the year.

Our parent organization, Community Action Lehigh Valley, works to tackle systemic oppression through multiple services including: advocacy, business startup and development, food access and nutrition, housing, neighborhood revitalization, and youth programs.

## A Conversation with Troop 302

By State Rep Ann Flood

PEN ARGYL - I had the privilege to speak with approximately 20 scouts from Troop 302 in Bethlehem to discuss "Citizens of our Community." We held a question and answer session for about an hour on topics that ranged from voter integrity, energy and conservation, warehousing and school funding. Each of these young men were inquisitive and asked a lot of great questions.

These scouts are working hard to achieve Eagle designation. It is refreshing to see young people who are developing into very smart, conscientious individuals who we can be proud of in our society!



**FAKE IS REAL**  
FENTANYL AWARENESS

**FAKE PILLS KILL.**

Fake Is Real is a fentanyl awareness campaign whose mission is providing straightforward, fact-based information that reduces harm from fentanyl-laced drugs and counterfeit prescription pills. We do it by giving users the information necessary to survive and save a life.

**LEARN THE SIGNS OF AN OVERDOSE**

ANYONE CAN SAVE A LIFE. BE PREPARED TO ACT IN THE EVENT OF A FENTANYL OVERDOSE OR POISING

**STOP THE STIGMA**  
84% SAY THAT COPING WITH STRESS AND ANXIETY IS A REASON THEY TURN TO PILLS

**Real Help Against Fake Pills.**

[FAKEISREAL.ORG](http://FAKEISREAL.ORG)

f t @fakeisrealLV

**REAL FACTS.**

**64% OF TEENS** ARE UNAWARE THAT FENTANYL IS BEING USED TO CREATE FAKE PILLS

**460** FROM 2015-2021 REPORTED ACCIDENTAL OVERDOSE DEATHS IN NORTHAMPTON COUNTY, PA

**PENNSYLVANIA HAS ONE OF THE HIGHEST RATES OF OPIOID OVERDOSE IN THE NATION.**

**76,975** FROM 2018-2022 DOSES OF NARCAN GIVEN BY EMS

**4 OUT OF 10 PILLS** BOUGHT ON THE STREET CONTAIN LETHAL DOSES OF FENTANYL

**Local NARCAN Trainings**

NARCAN is a nasal spray that can be given to a person to reverse a fentanyl overdose. Take a course and learn how to respond to an overdose and get free NARCAN.

**Treatments and Resources**

Visit [FAKEISREAL.ORG](http://FAKEISREAL.ORG) or call 610-829-HELP for information about treatment facilities and other supportive resources.

Find a Complete List of Treatment Facilities & Resources at [FakesIsReal.org](http://FakesIsReal.org)



